

A HOW-TO GUIDE

Moving Day Survival Guide: 9 Tips for a Stress-Free Move



MEYERS
MOVING BEYOND EXPECTATIONS



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ABOUT MEYERS

With Meyers, You'll Feel The Care.

We're a family run business, which influences the way we work. Our customers always come first and the service you receive from our 'family' of experienced professionals is tailored to exactly meet your individual needs.

Selling? We accompany around 90% of our viewings and we specialise in fast sales for customers so we aim to call you back by the end of the day.

Mortgages? Our great local connections mean you can be referred to respected and friendly professionals.



We're better value. We believe our service will not be beaten by any local agency.

We give back to the community. Our community fund has raised over £300,000 for local good causes since 2011.

Our philosophy is simple. We're friendly, experienced, determined, great value and absolutely focused on you. We really look forward to hearing from you.

Mark Meyer



Contact Us Today

Trusted Property Experts

Moving Without the Mayhem.

Moving day can feel like a whirlwind, but with the right plan in place, it doesn't have to be chaotic.

It's a big milestone, marking your transition to a new chapter in your life, and while it can be exciting, the logistics of settling into a new home can feel overwhelming.

The key to a smooth move is preparation, a positive mindset, and a few clever strategies to keep things under control.

From streamlining your packing process to ensuring your new home is ready before you arrive, a well-thought-out approach will help minimise stress and maximise efficiency.

Follow our 9 tips, and you'll be unpacking with your sanity intact.



DID YOU KNOW?

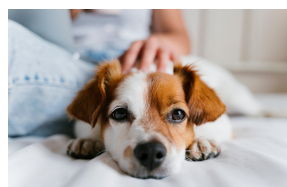
Cardboard boxes were first used for moving in the early 1900s.

TIP ONE

Start Early! Your Future Self Will Thank You



The earlier you start preparing, the smoother your move will be. Giving yourself ample time means you can sort, pack, and organise at a steady pace, rather than a chaotic last-minute rush.



You'll be able to book moving services at the best rates, ensuring availability on your preferred dates. Plus, starting early gives you time to declutter!



By reducing stress in advance, you'll be able to focus on the excitement of your move rather than the worry of last-minute tasks.



- Pack non-essential items 6 weeks in advance to avoid last-minute panic.
- Label boxes clearly with 'room and contents' for easy unpacking.
- Create a moving-home checklist to stay organised.
- Arrange child and pet care for the day to minimise distractions.

TIP TWO

Declutter Before You Pack

Why move things you don't need? Use this opportunity to lighten the load and make a fresh start in your new home.

Moving is the perfect time to weigh up what adds value to your life and let go of items that no longer serve a purpose. Holding onto clutter only makes packing more stressful and unpacking more time-consuming. Plus, donating or selling unwanted items means someone else can benefit from the things you don't need.

A clutter-free move means a clutter-free start in your new home!

- Sort through each room and donate, sell, or recycle things you no longer have use for.
- Be ruthless! If you haven't used it in a year, do you really need it?
- Fewer boxes mean faster loading, unloading, and speedy unpacking.



TIP THREE

Pack a Moving Day Survival Kit

Avoid rummaging through boxes by keeping your essentials close to hand.

Set aside a box with everything you'll need for the first 24 hours in your new home, so you're not scrambling for the basics.

Having these essentials at your fingertips will make the first day in your new home much easier.

- Dedicate a box to basic items like tea, coffee, milk, and cleaning supplies.
- Pack bed linen, a change of clothes, toiletries, medication, and loo roll.
- Make sure phone chargers are accessible.
- Add a toolkit for quick fixes.



DID YOU KNOW?

Almost 50% of people leave one item behind when they move.

TIP FOUR

Keep Your Important Documents Safe



Important documents like passports, birth certificates, and insurance policies can be difficult to replace if misplaced during your move.

Keeping them organised and easily accessible will help avoid unnecessary panic and frustration.



Store them in a waterproof, labelled folder and ensure they are always within reach. If possible, keep digital backups stored securely on a cloud service for extra peace of mind.



- Keep passports, birth certificates, contracts, utility details, and insurance documents in a dedicated folder.



- Carry the folder with you on moving day rather than packing it.
- Take photos of key documents as extra backup.

TIP FIVE

Make Your New Home Move-In Ready

Walking into a clean property makes a world of difference. It instantly makes your new home feel welcoming and reduces the stress of unpacking.

A spotless environment allows you to settle in comfortably without worrying about lingering dust, grime, or unexpected maintenance issues.

The more prepared your new home, the quicker you can start enjoying it without distractions.

- Arrange for a deep clean before your moving-in day if possible.
- Set up your utilities in advance to avoid delays with electricity, gas, water, and Wi-Fi.
- Keep a box of essentials like toilet rolls, light bulbs, and bin bags ready.



TIP SIX

Label Every Box!

Make life easier for yourself (and your removal company) by being organised with your labels.

Clearly marking each box speeds up the unloading process and ensures fragile items are handled with care.

Using a consistent labelling system helps everyone know where each box belongs.

The more precise and organised your labels are, the smoother your unpacking experience will be.

- Colour code or number boxes to streamline unloading.
- Write key items on each box for easy access.
- Label fragile items.
- Mark priority boxes that need to be opened first.



DID YOU KNOW?

The average person moves house around eight times in their lifetime.

TIP SEVEN

Plan for the Unexpected



Even the best-laid plans can hit a snag, so be ready for surprises. Unexpected delays, misplaced items, or sudden changes in your schedule can throw you off course, but staying flexible will help you navigate the challenges.



Keep a list of emergency contacts, in case you need to make last-minute adjustments.



The key is to anticipate potential hurdles and stay calm if things don't go exactly as planned. Flexibility and a little preparation can prevent small hiccups from turning into major headaches.

- Have a backup plan in case of bad weather or delays.
- Keep some extra cash on hand for last-minute expenses.
- Know where the nearest shop is in case you need last-minute supplies.



TIP EIGHT

Get Help – You Don't Have to Do it Alone

A stress-free move is a team effort. Having the right support can make all the difference, whether it's enlisting friends and family, or delegating tasks to keep things running smoothly.

Good communication is key, so keeping everyone in the loop ensures that jobs are completed efficiently and nothing gets overlooked.

When everyone plays their part, the process becomes more organised, less overwhelming, and even enjoyable.

- Book professional removal help early to avoid last-minute surcharges.
- Ask friends or family to help with heavy lifting or looking after your children or pets.
- Consider hiring a packing service if time is tight.



TIP NINE

Celebrate Your New Beginning

Once your boxes are in, take a moment to enjoy the milestone.

Moving can be physically and emotionally exhausting, but it's also an achievement worth celebrating.

Allow yourself a moment of relaxation before moving on to the unpacking process.

Moving day is the start of a new chapter, so make it one to remember.

- Order a takeaway and unwind – your unpacking can wait until tomorrow!
- Go for a walk and explore your brand new neighbourhood.
- Pop a bottle of something fizzy to celebrate!



Your Moving Day Essential Checklist



Essential Documents: Keep ID, documents, and contracts safe and accessible.



Coordinate with Movers: Ensure a smooth moving day.



Moving Day Kit: Pack a day bag with toiletries, snacks, and phone chargers.



First Aid Kit: Stay prepared for minor accidents or scrapes.



Children's Essentials: Pack snacks, toys, and any necessary childcare items.



Refreshments: Stay hydrated and energised during your move.

Your Moving Day Essential Checklist



Cleaning Kit: Pack wipes, bleach, disinfectant, and cloths.



Toolkit: Keep a screwdriver, hammer, and spanner to hand for quick fixes.



Keep Pets Safe: Arrange day care to avoid distractions for you and your animals.



Bedding Essentials: Keep fresh linen, pillows and pyjamas in easy reach.



The Basics: Pack mugs, tea, coffee, milk and the kettle separately.



Don't Forget: Tea towels, bath towels and hand towels.

ing. We can make the best
the worst of it. I hope you make the
st of it. A
rtle you. I hope you feel things you have
ever felt before. I hope you have
people with
hope you live a life you're
you find
the courage to start all over again.

- F. Scott Fitzgerald

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